

The Railroad Employees National Health and Welfare Plan (formerly GA-23000)

Basic Health Care Benefit (BHCB)

Highmark Blue Cross/Blue Shield	1-866-267-3320	
United Healthcare	1-800-842-9905	www.myuhc.com

Care Coordination/Medical Management

Aetna	1-800-821-5615	www.aetna.com
Highmark Blue Cross/Blue Shield	1-866-267-3320	
United Healthcare	1-800-842-9905	www.myuhc.com
United Behavioral Health	1-866-850-6212	www.unitedbehavioralhealth.com

Comprehensive Health Care Benefit (CHCB)

Highmark Blue Cross/Blue Shield	1-866-267-3320	
United Healthcare	1-800-842-9905	www.myuhc.com

Managed Medical Care Program (MMCP)

Aetna	1-800-842-4044	www.aetna.com
Highmark Blue Cross/Blue Shield	1-866-267-3320	
United Healthcare	1-800-842-9905	www.myuhc.com

Life Insurance and Accidental Death & Dismemberment

Metropolitan Life Insurance Co.	1-800-310-7770	
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Mental Health/Substance Abuse

United Behavioral Health	1-866-850-6212	www.unitedbehavioralhealth.com
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Managed Pharmacy Services Benefit (MPSB)

Medco Health Solutions, Inc.	1-800-842-0070	www.medco.com
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National Railway Carriers and United Transportation Union (NRC/UTU) Health & Welfare Plan

Basic Health Care Benefit (BHCB)

Highmark Blue Cross/Blue Shield	1-866-267-3320	
United Healthcare	1-888-445-4379	www.myuhc.com

Care Coordination/Medical Management

Aetna	1-800-821-5615	www.aetna.com
Highmark Blue Cross/Blue Shield	1-866-267-3320	
United Healthcare	1-888-445-4379	www.myuhc.com
ValueOptions	1-800-934-7245	www.valueoptions.com

Comprehensive Health Care Benefit (CHCB)

Highmark Blue Cross/Blue Shield	1-866-267-3320	
United Healthcare	1-800-691-0013	www.myuhc.com

Managed Medical Care Program (MMCP)

Aetna	1-888-332-8742	www.aetna.com
Highmark Blue Cross/Blue Shield	1-866-267-3320	
United Healthcare	1-888-445-4379	www.myuhc.com

Life Insurance and Accidental Death & Dismemberment

Metropolitan Life Insurance Co.	1-800-310-7770	
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Mental Health/Substance Abuse

ValueOptions	1-800-934-7245	www.valueoptions.com
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Managed Pharmacy Services Benefit (MPSB)

Medco Health Solutions, Inc.	1-800-842-0070	www.medco.com
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**Railroad Employees National Early Retirement Major Medical Benefit Plan [“ERMA”]
(formerly GA-46000)**

UNITEDHealthcare

1-800-842-5252

<http://www.myuhc.com>

Managed Pharmacy Services Benefit (MPSB)

Medco Health Solutions, Inc.

1-800-842-0070

www.medco.com

Railroad Employees National Dental Plan

Aetna

1-877-277-3368

www.aetna.com

Railroad Employees National Vision Plan

VSP

1-888-877-4782

<http://www.vsp.com>

**Supplemental Sickness Benefit Plans Covering
Shop Craft, Signal, and Maintenance of Way Employees**

Aetna

1-800-205-7651

Supplemental Sickness Benefit Plan Covering Yardmasters

Trustmark

1-800-504-9052